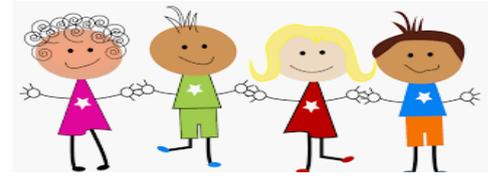




# Newsletter



21<sup>st</sup> January 2022

## Headteacher Awards

- Reception:** The Head Teacher Awards in Reception Class this week are for:  
Poppy-Mai for her attitude towards our Maths learning this week. Poppy-Mai has worked really hard on showing different ways of making 6 and explaining the number sentences to her friends. Great work!  
Ella-Rose for her effort and enthusiasm in our PE lessons. We are doing some dance lessons this half term and she has been fantastic at combining different movements to create a dance and performing it to the class.  
Flynn for his fantastic artistic skills when using a pencil this week to create an observational drawing of an old toy!  
Jasper for always using his fantastic manners!
- Year 1:** This week Elsie gets a headteacher's award for a brilliant attempt at writing independently using her phonics and English knowledge. Mia Cu has tried really hard with her writing using her phonics knowledge.
- Year 2:** Bradley and Chase have gained a headteacher's award for super maths work using our new method. Albee has also gained an award for super attitude to learning in all areas – great handwriting and maths and improving his writing!
- Year 3:** Last week's award for Year 3 goes to the whole class! On Thursday we went to The Box museum in Plymouth to learn about the Bronze Age. As before, when we have been out on trips, the whole class behaved impeccably. They listened and engaged with the adults in the workshop and participated in discussions well. They were very respectful of the artefacts when passing them around. They were courteous and respectful to members of the public whilst walking around the museum. This was noticed by members of the public and fed back to me. Well done Year 3, you make me very proud!
- Year 4:** Louisa for fantastic story writing! She has included lots of our key SPaG work in her story. When we read it to the class they were amazed at the content. It was so interesting to hear.  
Chloe for fantastic efforts in PE! Her skill work is to a very good standard and she always dedicates herself to every PE lesson.
- Year 5:** This week, headteacher's awards go to Macie and Amelia for not only doing great maths, but also speaking confidently about maths. Well done!
- Year 6:** A headteacher award for Lola for her excellent formal letter. Alfi gets an award for his interest and enthusiasm in our new topic.  
Riley S, Riley R and Dylon all achieved an award for working together to create a great dance routine.

### Golden Tickets

- Reception:** Levi for great phonics.  
**Year 1:** Marlena for logging into a computer independently.  
**Year 2:** Bradley for amazing work in maths.  
**Year 3:** Liam for self-regulating learning.  
**Year 4:** Xander for great conferencing.  
**Year 5:** Charley-Dee for good spellings work.  
**Year 6:** Callum for getting 100% on some tricky spellings.



### \*\*\*DISCOUNTED UNIFORM SALE\*\*\*

We have current Price and Buckland brand new uniform for sale at a discount alongside older style uniform. Please find below which items are available.

If you would like a discounted brand new item of clothing for only £5 per item – please email Mrs Batten on [reception@roche.cornwall.sch.uk](mailto:reception@roche.cornwall.sch.uk) and your item will be reserved (first come, first served). All items can then be paid through BACS. After payment is received and cleared, the item/s will be released.

Please note the items on the bottom of the list are a different price.

Item	Size	Amount in stock	
Cardigan	Chest size 20"	1	
Cardigan	Chest size 22"	3	
Cardigan	Chest size 32"	1	
Cardigan	Chest size 34"	1	
Sweatshirt	Chest size 44" (medium)	2	
Sweatshirt (older style)	Chest size 38" (small)	6	
Sweatshirt (older style)	Chest size 42" (medium)	2	
Sweatshirt (older style)	Aged 11-12 (Height 152cms)	1	
Coat	Aged 3-4	1	
Coat	Aged 9-10	2	
Fleece	Chest 28" (XS)	3	
Fleece	Chest 34" (Aged 7-8)	1	
Fleece	Chest 38" (L)	1	
<hr/>			
Legionnaire Cap	One size fits all	3	£3
Red Book Bag	For children R-4	20	£4.50
Black Book Bag	For children in year 5/6	15	£4.50

### Parents Evening

Parent's Evening will be held via 10-minute telephone conversation. The bookings will go live **today** at 6pm and be open until 12pm on 31<sup>st</sup> January.

To book, please head to <https://rochecp.schoolcloud.co.uk/>

Instructions on how to book were sent out on Parent Pay last week.



## Football/Netball Matches

On Tuesday 25<sup>th</sup> January, we are playing an away game of football and netball at St Dennis school. If your child is involved with this, you will have had an email sent through Parent Pay with the information. Please give your permission on Parent Pay for these matches under 'pay for other items'.

**Please note that because of this match, there is no netball club next Tuesday.**

## **SUPPORTING YOUR CHILD TO BE A GREAT READER**

### **Ignore the words**

This might sound counter-intuitive but give it a try. Simply look at the pictures (yes, even older children) and challenge them to tell the story they want. Immediately, any worry about getting the words right or wrong is removed, yet your child will still be interacting with a book, and they may even pick out words and vocabulary from the text to support them. You could then read the story back to them and decide which is best!



If you have any tricks or tips to encourage reading, please let us know!

## Wellbeing

### **Battling the winter blues**

- **Can't plan for the future?** Take it moment by moment. If next week seems uncertain, how about tomorrow?
- **Feeling stressed?** Never feel guilty for taking a break or asking to chat with someone you trust.
- **Stick to a routine.** Maybe it's making your bed every morning, going for a daily walk, or just sitting by an open window.
- **It's okay to not be okay!** You don't have to be positive all the time. We're living in unusual times, so go easy on yourself.

**Remember what you're feeling now is temporary.**



## E-Safety - Online Safety Tips

### **Get help if you see something upsetting.**

Sometimes people might post things online that you find upsetting or disturbing. If you've seen something you're worried about, you don't have to cope alone. It can help to:

- Report it to the platform or website, especially if it involves violence or abuse
- Avoid sharing or commenting on it, even if you want to say you disagree
- Talk about what you've seen with an adult you trust

Remember, not everything you see online will be real. But if you're not sure, it's always okay to ask for support.

### **Remember what you see isn't always real.**

People don't always show what their lives are really like on social media. Photos can be staged, airbrushed or filtered. And people only show the parts they want others to see.

### **Forget about 'likes'.**

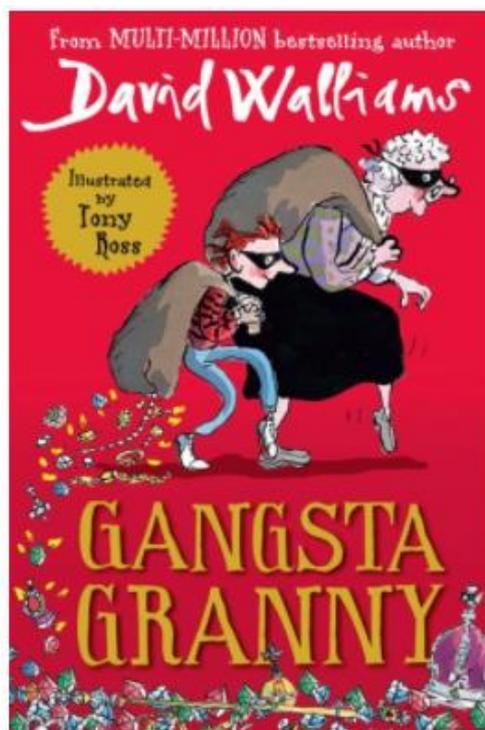
It can feel important to know how many people have liked or commented on something you've posted. But focusing on it can leave you feeling like you're not good enough. Remember that likes aren't everything, and there are always other ways to build your confidence.

### **Be nice to other people.**

Try posting positive comments to others and not responding to negative comments. Blocking and reporting bullying or abuse when you see it can help you to feel better.

[Excerpts taken from childline.org.uk](http://childline.org.uk)

## Gangsta Granny – Hall for Cornwall



### Year 4 and 5 – Date for your Diary

On Friday 18<sup>th</sup> February, we have been given the exciting opportunity to see Gangsta Granny at Hall for Cornwall.

Year 4 and 5 will be heading to Hall for Cornwall on 18<sup>th</sup> Feb.

An email with details has been sent through Parent Pay. Please take time to read through the information.



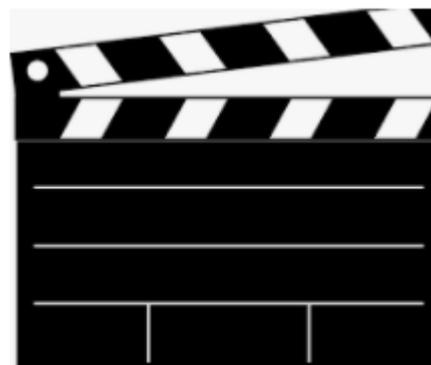
## Cinema Trip – R, 2 and 6

On our Christmas cinema trip day, 3 classes were unable to attend.

We have rearranged a cinema trip for Reception class, Year 2 and Year 6 on Friday 18<sup>th</sup> February.

We will be leaving at 9am sharp so please be on time for school for 8.40am registration.

We will be back in time for lunch so order as usual for this day.



## Appointments

We recommend that children's appointments are made out of school time. However, we also understand that this may be difficult especially during the current climate.

If your child has an appointment during school hours, please inform the school office at least 24 hours before if possible. This is so if your child has to be taken out of class, it causes minimum distraction.

Please be aware that on some occasions, proof of appointment may be asked for. You are welcome to send a screenshot or photograph of your child's appointment to [reception@roche.cornwall.sch.uk](mailto:reception@roche.cornwall.sch.uk)

Thank you for your continued support.

## Data Collection

Are your child's records up to date at school? Have you moved address? Changed your phone number? Do you need to add or remove a contact? Have you moved to a new doctor's surgery? Please let Mrs Batten know of any changes via email only on [reception@roche.cornwall.sch.uk](mailto:reception@roche.cornwall.sch.uk) so we can keep your child's records current.



# COMMUNITY Larder

tackling food  
waste together

**ROCHE**

**15:00–15:30**

The Rock Inn Car Park, Roche, PL26 8EP

**Every MONDAY in 2022**

**Free surplus food for everyone.  
Just bring a bag and make a  
donation if you can.**

Community Larders help tackle food waste by enabling **everyone** to access surplus food collected from supermarkets that would otherwise be thrown away.

They are run by **volunteers** as either indoor or outdoor pop-up stalls.

Community Larders also offer a **£3 lucky dip food bag** for anyone experiencing financial difficulties or a crisis.

All **donations** received help buy food to support those most in need.

**FOR INFO**

[www.communitylarder.org.uk](http://www.communitylarder.org.uk)  
[info@communitylarder.org.uk](mailto:info@communitylarder.org.uk)  
07521 917581



Foundation



Cornwall  
Community  
Foundation

**TREVERBYN  
COMMUNITY  
TRUST**

## Young Carers

A carer is anyone, including children and adults who looks after a family member, partner or friend who needs help because of their illness, frailty, disability, a mental health problem or an addiction and cannot cope without their support. The **care they give is unpaid**.

If you feel you are a Young Carer to a person in your family and you are under 16, you can complete the form on <https://www.cornwallcarers.org.uk/young-carers> The form to complete is on a green button at the top right of the page.

Bernardo's also support Young Carers. You can find more about this service at <https://www.barnardos.org.uk/what-we-do/services/kernow-young-carers>

